



## International Conference On Applied Strength & Conditioning

November 12th - 14th 2010  
Holiday Inn | Surfers Paradise

# CALL FOR PRESENTER APPLICATIONS

The ASCA is calling for Abstracts and Workshop Proposals for its 2010 International Conference on Applied Strength and Conditioning – 12<sup>th</sup>-14<sup>th</sup> November 2010.

The ASCA International Conference on Applied Strength and Conditioning is one of the largest gathering of strength and conditioning professionals in Australia and is one of the premier annual Strength and Conditioning Conference that attracts presenters and delegates from across the globe.

The aim of the conference is to provide delegates with the progress being made in the latest research, techniques and technologies as well as in the practical application. The 2010 Conference will again focus on *practical workshops* that provide delegates with a “hands on” experience as well as keynote addresses, interactive and lecture style presentations.

Please note that there is a maximum of 20 presenter positions available during the Conference and that the ASCA strives to find presenters at the cutting edge of applied strength and conditioning and research and who excel in their field of speciality.

Before completing the application form please read the following carefully:

- Applicants should be available for the entire conference (Friday Evening 12<sup>th</sup> to Sunday 14<sup>th</sup>)
- Applicants must have email and must submit all requested material via attachment unless permitted otherwise.
- Applicants cannot present at any other industry-related events 30 days prior to and 10 days after the 2010 International Conference on Applied Strength and Conditioning unless prior arrangements have been made with the ASCA.
- All sessions must be performed according to safe and acceptable industry guidelines.
- Applicant agrees to use ASCA equipment in presentations where applicable.

- Applicant understands that presenter compensation requirements strongly influence presenter selection. The opportunity to speak at a highly recognised conference is significant therefore presenters cannot be compensated for flight, hotel or presenting fees.
- Applicant understands that the ASCA reserves the right, unless otherwise advised, to produce a DVD of the presentation for sale to ASCA members and the general public.
- Applicant understands that, if accepted, they MUST provide session handouts by Friday 15<sup>th</sup> October 2010.
- Applicants once accepted will be required to sign a “Presenter Contract”.
- Please note: The ASCA does not permit presenters to distribute sales materials during their session. You have a variety of options to provide these materials to delegates: (a) purchase an exhibitor booth (b) include your email, address and phone number on your handouts (c) purchase the opportunity to place materials in delegates kits. If promotional material is included in your submitted outlines, handouts and/or presentation slides, they will not be included in the Conference materials.

### Presenter Honorarium

Whilst the ASCA is unfortunately unable to assist in paying airfares and/or accommodation for presenters we can offer a complimentary conference registration valued at \$700.00. This includes:

- Welcome Cocktail Function on Friday 12<sup>th</sup> November
- Conference Dinner on Saturday 13<sup>th</sup> November
- Conference Registration including morning/afternoon teas and lunches on Saturday and Sunday

### General Conference Schedule

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| 12/11/2010 | ASCA Annual General Meeting<br>Pre-Conference Workshop (invited special guest speaker)<br><b>“Keynote Address” – NSCA Conference Speaker</b><br>Welcome Cocktail Function                                   |
| 13/11/2010 | <b>“Keynote Address” – ASCA Special Invited Guest Speaker</b><br>Lectures/Interactive Workshops – 40 minutes (5 sessions only)<br>Practical Workshops – 40 mins (5 sessions only)<br>Conference Gala Dinner |
| 14/11/2010 | <b>“Keynote Address” – ASCA Special Invited Guest Speaker</b><br>Lecturers/Interactive Workshops – 40 minutes (5 sessions only)<br>Practical Workshops – 40 minutes (5 sessions only)                       |



## Presentation Information

### *Presentation Formats:*

- Practical Workshop – purely practical application of concepts – 40 minutes
- Interactive Workshop – lecture format and practical session allowing for participation in practical demonstration – 40 minutes
- Lecture – theory based topics with practical application – 40 minutes
- Please note presenters opting for Practical Workshops may be asked to deliver their workshops twice in order to ensure that all delegates have the opportunity to obtain maximal benefits of the practical session.

## How to Apply

All applications must be on the appropriate form (see below) and sent to the ASCA National Office via the following media:

- Post to ASCA, PO Box 71, Beenleigh, QLD, 4207
- Email to [info@strengthandconditioning.org.au](mailto:info@strengthandconditioning.org.au)
- Fax to: 61 7 38077445

## Closing Date:

- **Applications Close as at COB on Friday 15<sup>th</sup> May 2010**
- **All applicants will be advised of whether their application has been successful within 2 weeks of closing date of applications.**

# APPLICATION FORM

Please complete the information requested. The ASCA Board will consider all applications however preference will be given to applications for ***practical workshops***.

## Presenter Information

■ Name:

■ Address:

■ Phone:

■ Email:

■ Current Resume: Please attach current resume including (a) all relevant coaching experience (professional background) (b) related degrees and/or certifications (c) all Conferences you have presented at in the past two (2) years and (d) all workshops/lectures you have presented at individual events (practical workshop presentations are heavily weighted).

■ Biography: (50 words)

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■ Presenters MAY include the following (optional)

Letters of recommendation  
Video/DVD

## Presentation Information

- Presentation Format: (a) Practical Workshop  (b) Interactive Workshop   
(c) Lecture

- Presentation Title (topic):

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- Brief Outline:

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- Equipment Requirements: Audio Visual

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### Equipment needs for Practical Sessions

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■ Room Set Up:

Lecture rooms will be set up theatre style. Please keep this in mind when preparing your presentation. If this does not meet your needs please contact the National Office to discuss alternative arrangements.

The Practical Room will be set up in accordance with individual requirements, however please outlined below if there are any specific requirements.

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■ DVD Production:

Please indicate whether you have any IP issues in relation to the ASCA's DVD Production of your presentation.

**I hereby give / do not give permission for the ASCA to produce a DVD of my presentation.**  
(Please circle as appropriate).

■ Note Presenters will be received a 10% commission (less GST) on all DVD sales of their presentation.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_