



AUSTRALIA

ECU

UNIVERSITY

## INTERNATIONAL CONFERENCE ON APPLIED STRENGTH AND CONDITIONING

November 12th - 14th 2010  
Holiday Inn | Surfers Paradise

Partnered By EDITH COWAN

# Delegate Registration Form

The Australian Strength and Conditioning Association (ASCA) invites you to attend the 2010 International Conference and Trade Show – **'The ASCA International Conference on Applied Strength and Conditioning'** to be held at the Holiday Inn Surfers Paradise November 12<sup>th</sup> – 14<sup>th</sup> 2010. This year's conference will once again feature guest speakers who are working at the cutting edge of research and training for improving athletic performance and will include hands-on practical workshops.

The conference program will commence with a Keynote Presentation PM Friday the 12<sup>th</sup> of November and conclude PM Sunday the 14<sup>th</sup> of November, so make sure you organize your travel to take advantage of the full conference program.

The ASCA is, as always, putting together an exciting list of presenters, both from Australia and overseas, with topics designed to provide forward-thinking information to strength and conditioning coaches and professionals.

Attached is the conference price list and we urge that you secure your place ASAP as the 2008 and 2009 Conferences were both a sell out!

### Conference Registration Includes

- Attendance to all conference sessions
- Registration materials (folders, conference proceedings, program. etc)
- Entry to trade area
- Refreshment breaks and lunch on Saturday and Sunday
- Welcome Cocktails on Friday 12<sup>th</sup> of November
- Conference Gala Dinner on Saturday 13<sup>th</sup> November

Conference registration **does not** include accommodation or travel costs. These are your responsibility. The ASCA has negotiated discounted accommodation prices for conference delegates. Details of these rates are contained within this brochure.

Attendance to all functions is included for delegates in their package; extra tickets are available for purchase for both the Friday Welcome Cocktail Party and the Saturday Conference Gala Dinner if you wish to bring a guest. Please indicate on your registration form if you require any extra tickets for either of these functions.

### Included in this Information is:

- ASCA 'International Conference on Applied Strength and Conditioning' registration form
- ASCA compulsory practical waiver form
- Holiday Inn accommodation booking form

If you have any further questions in regards to the information contained in this document please don't hesitate to contact the ASCA National Office on the below details.

## How To Register

Conference registration can be made online, by fax or mail. Registration will not be confirmed until payment is received. Cheques, money orders and credit cards will be accepted and must be made in Australian dollars.

### To register by mail:

Complete the registration details, enclose payment or credit card details and mail to:

ASCA  
PO Box 71  
Beenleigh, QLD 4207

### To register by fax:

Complete the registration details include credit card details and fax to:

ASCA  
+61 7 38077445

**Online Payments** are available at [www.strengthandconditioning.org](http://www.strengthandconditioning.org)

The ASCA will confirm your registration by mail within 7 working days of receipt of payment.

## ASCA Cancellation & Refund Policy

Cancellation of conference registration can be made up to 1st October with a full refund minus a \$100 administration fee. Cancellations between 2nd October and 1<sup>st</sup> November are refunded minus a \$150 administration fee. For cancellations after 1<sup>st</sup> November, or no notification, no refund will be made.

Please note that all payments to the ASCA are to be made in Australian Dollars. All credit card payments incur a 2.5% processing fee. The ASCA does not accept AMEX or Diners.

# Delegate Registration Form

**Name**

<b>First</b>	<b>Last</b>
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**ASCA Member Number – Must be provided for member prices.**

<input style="width: 95%;" type="text"/>	<b>Email</b> <input style="width: 98%;" type="text"/>
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**Postal Address**

<b>Post Code</b>

**Phone Numbers**

<b>Home</b>	<b>Mobile</b>
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	Number	Cost	Total
<b>Registrations received between 1<sup>st</sup> February 2010 &amp; 31<sup>st</sup> August 2010</b>			
Student ASCA Member		\$435.00	
Student Non-ASCA Member		\$535.00	
ASCA Pro-Structure Member		\$460.00	
ASCA Member		\$485.00	
Non-ASCA Member		\$585.00	
<b>Registrations received between 1<sup>st</sup> September 2010 and 6<sup>th</sup> November 2010</b>			
Student ASCA Member		\$485.00	
Student Non-ASCA Member		\$585.00	
ASCA Pro-Structure Member		\$510.00	
ASCA Member		\$535.00	
Non-ASCA Member		\$660.00	
<b>Prices below are for <i>extra accompanying guests</i> of delegates who wish to attend conference functions. Please note that all the conference functions are included in the above delegate registrations</b>			
Additional guest to Friday Welcome cocktail party		\$70.00	
Additional guest to Saturday Cocktail Dinner		\$115.00	
Combination Additional welcome cocktail & Dinner		\$170.00	
<b>Sub-Total</b>			
<b>+ 2.5% Credit card fee if applicable</b>			
<b>Total to be paid</b>			

Please tick if you *do not* wish for your details to be distributed to the ASCA International Conference on Applied Strength & Conditioning sponsors

**Payment Details**

Cheque     
  Money Order     
  Mastercard     
  VISA

Card number

Expiry Date

Name on card

I have read and understand the ASCA refund policy and  
 Please charge my credit card the above amount, signed

# ASCA 2010 International Conference on Applied Strength & Conditioning

## Delegate Liability Waiver

***\*To be read and signed by all attendees***

“Event” means : Australian Strength and Conditioning Association National Conference and Trade Show 12<sup>th</sup> – 14<sup>th</sup> of November 2010  
(name of event)

“Event Organiser” means : Australian Strength and conditioning Association Inc.  
(name of event organiser)

“ASCA” means Australian Strength and Conditioning Association Inc., PO Box 71, Beenleigh, Queensland, 4207, and includes all directors, officers, members, agents and sponsors of that organisation.

In consideration for, and as a condition of my registration into the Event, including participating in any or all pre or post Event activities and social activities I hereby

1. Warrant that I am medically fit (including physically and mentally) to participate in the event and that I have not been advised otherwise by a medical practitioner.
  - i. **Agree that I am participating in the Event at my own risk** and acknowledge that all ASCA activities are risky and inherently dangerous and may result in serious personal injury including permanent disability and/or death to me as a participant in the Event and that may or will involve the risk of severe economic or property loss and damage and I understand that such injury or loss may result not only from by actions but from the actions, omissions or negligence of others.
  - ii. Warrant that I will inspect the practical area and all fixtures, fittings, equipment, and other things supplied, provided or used in or related to the conduct of the Event and agree that I will not participate in the Event unless I am completely satisfied with the adequacy and conditions.
  - iii. Agree to abide by the rules and regulations of the Event and ASCA and I will abide by all written and verbal instructions as may from time to time be given by the Event Organiser and/or their appointed personnel. I agree that failure to comply with any rule may result in termination of participation from the event. I agree that I will at all times participate in the event with consideration and caution.
  - iv. Agree that except where provided or required by law and such cannot be excluded, I agree that it is a term of my participation in the Event (if accepted) that ASCA and the Event Organiser are each absolved from all liability and claims however arising from injury or damage however caused (whether fatal or otherwise) arising out of my participation in the Event. I acknowledge that where I am a consumer of recreational services, as defined by any relevant law, certain terms and rights implied into a contract for the supply of goods or services may be excluded. I acknowledge that these implied terms and rights and any liability of ASCA and / or the Event Organiser flowing from them, are expressly excluded by this registration form.
  - v. Release and forever discharge ASCA and the Event Organiser from all and any claim, right or cause of action however arising, whether or not presently ascertained, immediate, future or contingent, which I may otherwise have for or arising out of loss of my life or injury, damage or loss of any description whatsoever and howsoever caused which I may suffer or sustain in the course of or consequent upon my participation in the Event
  - vi. Indemnify and keep indemnified ASCA and the Event Organiser against any claim, right or cause of action howsoever arising, whether or not presently ascertained, immediate, future or contingent which I may have for or arising out of loss of my life or injury, damage or loss of any description whatsoever and howsoever caused which I may suffer or sustain in the course of or consequent upon my participation in the Event.
  - vii. Agree that the exclusion of liability, release and indemnity contained in paragraphs 5, 6 and 7 above may be pleaded as a complete bar to any claim, notice, demand, action, proceeding, litigation or judgment which has or may be brought or made or recovered against ASCA or the Event Organiser.
  - viii. Agree that, without limitation to the waiver, release and discharge contained in paragraph 5 above and the indemnity contained in paragraph 6 above, the liability of the Event Organiser and ASCA will be limited to that part of the Event which is located at or held on its premises and the Event Organiser will not be liable in any circumstances or to any extent for any action arising in relation to that part of the Event which is located at or held on the premises of another Event Organiser; and
2. Agree and acknowledge by my participation in the Event and by participating in the practical component carries risk of personal injury, illness, permanent disability and/or death which may or will result in severe economic and/or property loss and damage and I fully recognize and accept those risks.
3. I have read carefully and understand this declaration, warrant, waiver and release, and having done so, I sign voluntarily.

**Name**

<b>First</b>	<b>Last</b>
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**Signature**

**Date**